

It's never too late to begin, it's never too early to start.



Ageless Grace® Brain Health Fitness Based on the science of neuroplasticity

Improve cognitive and physical function,
through the creative, simple, and fun 21
tools of Ageless Grace®!

www.agelessgrace.com

Who can use Ageless Grace®?

- Health and fitness professionals
- Persons with challenges
- Wellness programs
- Teachers
- Baby Boomers
- Caregivers

Anyone and Everyone!

Meet your
Ageless Grace®
Trainer



Dr. Jaami Rutledge, DNP is a Nurse Practitioner and a Certified Ageless Grace® Educator/Trainer/Enthusiast. She is at her best combining her loves of sport, dancing, caring, and fun. Jaami leads Ageless Grace® classes, Teacher Certifications, and Workshops on Health and Aging across the country.

Ageless Grace® Educator RE-Certification

Practice, Play, Review, and Renew!

Date: Saturday, February 16th, 2019

08:30am-12:00pm | \$50

Location: Commonwealth at Calumet Clubhouse

4700 Commonwealth Circle, Newnan, GA 30263

Your opportunity to come together with fellow Ageless Grace® Educators to review the basics, ask questions, discuss best practices, develop your marketing and teaching strategies and more.

REGISTER ONLINE: www.agelessgrace.com/training-schedule
For more info: Jaami @ 828-595-3452 | agelessgracejaami@gmail.com