

It's never too late to begin, it's never too early to start.

**Ageless Grace® Brain Health Fitness**  
**Based on the science of neuroplasticity**



Improve cognitive and physical function,  
through the creative, simple, and fun 21  
tools of Ageless Grace®!

[www.agelessgrace.com](http://www.agelessgrace.com)

**Who can use Ageless Grace®?**

- Health and fitness professionals
- Persons with challenges
- Wellness programs
- Teachers
- Baby Boomers
- Caregivers

*Anyone and Everyone!*

**Meet your  
Ageless Grace®  
Trainer**



*Karen Haseley, Certified Therapeutic Recreation Specialist retired from the City of Greenbelt, MD, has worked with individuals of all ages and abilities. She became an Ageless Grace® Educator in 2013 and a trainer in 2015. She is also a graduate of the Neuroscience Academy with Dr. Sarah McKay.*

**Ageless Grace® Certification with Trainer Karen Haseley**  
**Via ZOOM**

*\*Zoom link will be sent a few days prior to the trainig.*

**Educator Certification** – *Become certified to teach Ageless Grace®!*

Mon., Tues. & Wed., **10/25/2021 to 10/27/2021; 12:30pm – 5:00pm** (all three days)

\$390 – includes all digital training materials

(DVDs, book, flash cards, The Little Book of Marketing Magic)

\$315 – if you already own materials listed above.

**Free Public Class** – Monday, 10/25/2021 4:00pm-4:30pm



**To REGISTER for Certification:**

<https://agelessgrace.com/training-events/online-certification-via-zoom-with-trainer-karen-haseley-october-25-27-2021/>

For more info, contact Karen Haseley, 443-745-1596, [agkarenh@gmail.com](mailto:agkarenh@gmail.com)