

It's never too late to begin, it's never too early to start.



Ageless Grace® Brain Health Fitness Based on the science of neuroplasticity

Improve cognitive and physical function,
through the creative, simple, and fun 21
tools of Ageless Grace®!

www.agelessgrace.com

Who can use Ageless Grace®?

- Health and fitness professionals
- Persons with challenges
- Wellness programs
- Teachers
- Baby Boomers
- Caregivers

Anyone and Everyone!

Meet your
Ageless Grace®
Trainer



Barbara Kunz
Ageless Grace Trainer
barbkunz153@gmail.com
cell: 519-852-3252

Thank YOU to

Grand Wood Park
— Retirement Living —

Educator Re-Certification

December 2, 2023 ~ 1:30pm to 5:00pm
\$60ca ~ In Person

Grand Wood Park – Retirement Living at 81 Grand Ave London, ON N6C 1M2

Ageless Grace works to ensure the integrity and consistency of the Ageless Grace program, so Educators deliver Ageless Grace following the guidelines of the 21 Simple Tools for Lifelong Comfort and Ease™.

Please register with Barbara by November 27, 2023 at barbkunz153@gmail.com

Certified Ageless Grace® Educators are required to re-certify yearly. This 3.5 hour in-person re-certification entails reviewing and teaching Tools 1-21 of Ageless Grace® and identifying the primary benefit of each tool and how each tool affects the body and brain. Marketing your business, successes & challenges are also discussed.

