

It's never too late to begin, it's never too early to start.

Ageless Grace® Brain Health Fitness
Based on the science of neuroplasticity

Improve cognitive and physical function,
through the creative, simple, and fun 21
tools of Ageless Grace®!

www.agelessgrace.com



Who can use Ageless Grace®?

- Health and fitness professionals
- Persons with challenges
- Wellness programs
- Teachers
- Baby Boomers
- Caregivers

Anyone and Everyone!

**Meet your
Ageless Grace®
Trainers**



Karen Haseley, has worked with individuals of all ages and abilities. She became an Ageless Grace® Educator in 2013 and a trainer in 2015. She is also a graduate of the Neuroscience Academy with Dr. Sarah McKay.



Marghi McClearn retired from teaching music to pursue her passion for improving quality of life through music and movement. She is a Certified Ageless Grace® Educator and Trainer, and holds certifications in Nia. Her goal is to inspire others to move more, laugh more and make the most of life regardless of their circumstances.

Ageless Grace® Recertification Workshop*

Online or In-Person

with Trainers Karen and Marghi

ZOOM from anywhere! or In-Person in Rensselaerville, NY

(Please contact Karen if you need accommodations.)

Educator Recertification:

**For current educators only; renew your certification to teach Ageless Grace®!*

This is your opportunity to join fellow Educators from all over the world! We'll review the basics, ask/answer questions, review best practices, and share marketing ideas, playlists, teaching strategies, and more!

Friday, September 6, 2024, 1:00pm-5:00pm, EDT, \$50

To REGISTER:

<https://agelessgrace.com/training-events/september-6-2024-recertification/>

Contact Karen Haseley, 443-745-1596, agkarenh@gmail.com or
Marghi McClearn, 850-443-2912, marghisjoy@gmail.com