

It's never too late to begin, it's never too early to start.



## Ageless Grace® Brain Health Fitness Based on the science of neuroplasticity

Improve cognitive and physical function,  
through the creative, simple, and fun 21  
tools of Ageless Grace®!

[www.agelessgrace.com](http://www.agelessgrace.com)

### Who can use Ageless Grace®?

- Health and fitness professionals
- Persons with challenges
- Wellness programs
- Teachers
- Baby Boomers
- Caregivers

*Anyone and Everyone!*

### Meet your Ageless Grace® Trainer



**Barbara Kunz**  
Ageless Grace Trainer  
[barbkunz153@gmail.com](mailto:barbkunz153@gmail.com)  
cell: 519-852-3252

**London Location  
to be announced**

### Personal Practice – Brain Health Fitness Workshop

Learn the 21 Tools so YOU can Practice Ageless Grace® in the comfort of your home.

April 26, 2025 ~ 9:00am-1:00pm

Experience the 21 Tools for Lifelong Comfort and Ease™

Learn how to start your own practice in the comfort of your own home.

\$120.00 - pre-register with Barbara April 10, 2025 ~ Handouts included.

**Required for Certification**

### Educator Certification Program

Learn to teach Ageless Grace® in Your Community

Two Days:

April 26, 2025 | 9:00am - 5:00pm

April 27, 2025 | 9:00am – 4:00pm

Learn how to teach Ageless Grace and create an income.

Certification includes: Downloadable Instructional Videos, 85 Page Workbook, Flashcards

Certification is \$525.00 – (Seminar included in this price)

Pre-register with Barbara by April 10, 2025

Check out: [www.agelessgrace.com/become-an-educator](http://www.agelessgrace.com/become-an-educator)

Please register with Barbara by April 10, 2025 at [barbkunz153@gmail.com](mailto:barbkunz153@gmail.com)