

It's never too late to begin, it's never too early to start.



Ageless Grace® Brain Health Fitness Based on the science of neuroplasticity

Improve cognitive and physical function,
through the creative, simple, and fun 21
tools of Ageless Grace®!

www.agelessgrace.com

Meet your
Ageless Grace®
Trainer



Barbara Kunz
Ageless Grace Trainer
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Who can use Ageless Grace®?

- Health and fitness professionals
- Persons with challenges
- Wellness programs
- Teachers
- Baby Boomers
- Caregivers

Anyone and Everyone!

Ageless Grace Educator Recertification

May 4, 2025 ~ 1:00pm to 4:30pm

\$60ca ~ In Person

London Ontario

Ageless Grace works to ensure the integrity and consistency of the Ageless Grace program, so Educators deliver Ageless Grace following the guidelines of the 21 Simple Tools for Lifelong Comfort and Ease™.

Please register with Barbara by April 17, 2025 at barbkunz153@gmail.com

Certified Ageless Grace® Educators are required to re-certify yearly. This 3.5 hour in-person re-certification entails reviewing and teaching Tools 1-21 of Ageless Grace® and identifying the primary benefit of each tool and how each tool affects the body and brain. Marketing your business, successes & challenges are also discussed.

